



# SASA EAST DISTRICT AGE GROUPS 2026 / 2027

Meet Information

14<sup>th</sup> & 15<sup>th</sup> November 2026: L1/832/SS/NOV26

30<sup>th</sup> & 31<sup>st</sup> January 2027: L1/833/SS/JAN27

6<sup>th</sup> & 7<sup>th</sup> March 2027: L1/834/SS/MAR27



<p><b>About the East District Age Group Championships</b></p>	<p>The East District is holding their 2026/2027 Championships across 6 days commencing with a weekend event in November 2026, followed by weekends in January and March 2027.</p> <p>Level 1 licence: L1/832/SS/NOV26; L1/833/SS/JAN27; L1/834/SS/MAR27</p> <ul style="list-style-type: none"> <li>➤ Group 1 – 6: 50m &amp; 100m events all strokes will be swum on pure time with group finals.</li> <li>➤ All remaining events are HDW for all year groups - note 800m &amp; 1500m Free for groups 2-6 only.</li> <li>➤ The 200m events (including 200 IM) will be Heat Declared Winners for all age groups but will be swum with the fastest heat (based on the fastest 8 entries) in each year group after withdrawals.</li> </ul> <p>Events are as outlined in Appendix 1.</p> <p>Relays will be single gender and mixed events.</p> <p>Electronic timing will be in operation.</p>
<p><b>Dates &amp; Venues</b></p>	<p>14<sup>th</sup> &amp; 15<sup>th</sup> November 2026 – Michael Woods Centre, Glenrothes</p> <p>30<sup>th</sup> &amp; 31<sup>st</sup> January 2027 – Royal Commonwealth Pool, Edinburgh</p> <p>6<sup>th</sup> &amp; 7<sup>th</sup> March 2027 – Royal Commonwealth Pool, Edinburgh</p>
<p><b>Age Groups</b></p>	<p>Group 1 – those born in 2015 &amp; 2016          Group 2 – those born in 2014          Group 3 – those born in 2013          Group 4 – those born in 2012          Group 5 – those born in 2011          Group 6 – those born in 2010 or earlier</p> <p>For relay events, groupings are:</p> <ul style="list-style-type: none"> <li>• those born in 2015 &amp; 2016</li> <li>• those born in 2013 &amp; 2014</li> <li>• those born in 2011 &amp; 2012</li> <li>• those born in 2010 or earlier</li> </ul> <p>NOTE: Mixed Relays (should comprise 2 Male &amp; Open and 2 Female)</p> <p>Age as at 31<sup>st</sup> December 2027</p>
<p><b>Events</b></p>	<p>50m all strokes          100m all strokes          200m all strokes          200 Individual Medley          400m Individual Medley &amp; Freestyle          800m/1500m Freestyle (Groups 2 – 6 only)          4 x 50m Male &amp; Open Medley Relay &amp; 4 x 50m Female Medley Relay          4 x 50m Male &amp; Open Freestyle Relay &amp; 4 x 50m Female Freestyle Relay          4 x 50m Mixed Medley Relay &amp; 4 x 50m Mixed Freestyle Relay</p>



<b>East District Contact</b>	Lynne Rafferty, District Convenor Email: <a href="mailto:sasaeastdistricteventplanning@gmail.com">sasaeastdistricteventplanning@gmail.com</a>				
<b>Entry deadline</b>	<p><b>Closing dates</b> for entries are:</p> <p>14<sup>th</sup> &amp; 15<sup>th</sup> November 2026: <b>Noon Wednesday 28<sup>th</sup> October 2026</b></p> <p>30<sup>th</sup> &amp; 31<sup>st</sup> January 2027: <b>Noon Wednesday 6<sup>th</sup> January 2027</b></p> <p>6<sup>th</sup> &amp; 7<sup>th</sup> March 2027: <b>Noon Wednesday 10<sup>th</sup> February 2027</b></p>				
<b>Eligibility</b>	<p><b>All athletes must be</b> registered members of SASA, training with a club affiliated to Scottish Swimming at the time of the competition.</p> <p>Athletes who are first claim members of the East District club entering them are eligible to swim in the meet. Should the athlete be a member of more than one East District club and opts to swim for their second claim club then written permission from the first claim club must be provided at the time of entry.</p> <p>Athletes can only gain points for the club they swim their first event under, should they decide in later events to swim for another club they will not gain points for the second club.</p> <p>Athletes must only compete in their own year groups.</p> <p>Qualification times and consideration times are outlined in Appendix 2.</p>				
<b>Entry Guide</b>	<p>This information regarding entry is a guide and is subject to change.</p> <p>Entry into the competition will be made by clubs on official entry files. Entry files supplied are an aid only and the event schedule detailed in the Meet Information takes precedence unless otherwise stated.</p> <p><b>Times must be submitted for all events entered along with proof of time.</b></p> <p>Times submitted should be achieved on or after 1<sup>st</sup> June 2025. Only Hy-Tek conversions for 50m times may be used. The following types of events will be accepted:</p> <p style="padding-left: 40px;">SASA accredited meets and time trials (L1 &amp; L2)          Equivalent (L1 and L2) meets organised by ASA affiliated counties or clubs or other World Aquatics affiliated organisations.</p> <p><b>ENTRY FEES:</b></p> <table style="margin-left: 20px;"> <tr> <td>Individual events</td> <td>£9.50</td> </tr> <tr> <td>Team events</td> <td>£12.00 per team</td> </tr> </table> <p>Athletes not accepted to the event will have their entry fee refunded in full. Once the draft programme is issued <b>no refunds</b> will be given.</p> <p>The SASA East District Swim Committee reserve the right to:</p> <ul style="list-style-type: none"> <li>• Agree athlete numbers for events after the entries are received.</li> <li>• Make decisions on oversubscriptions in any way that is necessary to meet the conditions for the competition.</li> </ul>	Individual events	£9.50	Team events	£12.00 per team
Individual events	£9.50				
Team events	£12.00 per team				



	<ul style="list-style-type: none"> <li>• Carry out random checks on entries and proof of times. Clubs may be requested to provide additional information.</li> <li>• Reject all entries submitted without either:             <ul style="list-style-type: none"> <li>○ the correct fee</li> <li>○ Proof of times</li> <li>○ Summary sheet</li> <li>○ Entry Files incorrectly completed</li> </ul> </li> </ul> <p>If it is necessary to reject entries, this will be done at the complete discretion of the SASA East District Swim Committee. Facility policies may restrict the numbers of athletes for the time available.</p> <p>This means that any athlete accepted into the meet, <b>may not</b> be able to swim all events they enter, to make best use of the time available.</p>
<p><b>Multi Classification</b></p>	<p>Entries from Para-swimmers are welcome into the designated events for their classification. Athletes <b>must</b> have achieved the qualifying standards for their class as outlined below. Para-swimmers can compete in the appropriate year group finals based on absolute time.</p> <p>There are no separate finals for Para-swimmers. Clubs should include in their email with entries that their files include Para-swimmers.</p> <p>These supplementary conditions apply in conjunction with the general conditions for the East District Age Group Championships.</p> <p>The following events will be included in the heats where an athlete meets the eligibility criteria and consideration standards for their classification:</p> <ul style="list-style-type: none"> <li>• 50m Freestyle – S1-S14</li> <li>• 100m Freestyle – S1-S14</li> <li>• 200m Freestyle – S1-S5 &amp; S14</li> <li>• 400m Freestyle – S6-S14</li> <li>• 50m Backstroke – S1-S5</li> <li>• 100m Backstroke – S6-S14</li> <li>• 50m Butterfly – S1-S7</li> <li>• 100m Butterfly – S8-S14</li> <li>• 50m Breaststroke – SB1-SB3</li> <li>• 100m Breaststroke – SB4-SB14</li> <li>• 200m IM – SM5-SM14</li> </ul> <p><b>Eligibility</b></p> <p>Physical (S1-S10, SB1-SB9, SM1-SM10) • All competitors must have an authorised Aquatics GB or WPS Swimming classification, which is held on the Aquatics GB or WPS Swimming classification database at the time of entry.</p> <p>Visual (S11-S13, SB11-SB13, SM11-SM13) • All competitors must have an authorised British Blind Sport, Aquatics GB or WPS Swimming classification, which is held on the Aquatics GB or WPS Swimming classification database at the time of entry.</p>



	<p>Intellectual (S14, SB14, SM14) • All competitors must have an authorised SportExcel, Virtus or WPS classification which is held on the Aquatics GB or WPS Swimming database at the time of entry.</p> <p>General Consideration times must have been achieved since 1st June 2025 and may be achieved in either long or short course events as per the EDAG criteria. Consideration times are outlined in Appendix 3.</p> <p>All athletes qualifying will be integrated into the heats seeded by absolute time. The competition shall take place under the relevant WPS Swimming Rules.</p>
<b>Spectating</b>	<p>Spectating will be available at the venues on a first come first served basis. This is subject to facility guidelines in place at the time of the event.</p>
<b>Controlling the Use of Photographic Equipment</b>	<p>The meet organisers are well aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images. It should be acknowledged that the majority of images taken within Scottish Swimming licensed meets are appropriate and taken in good faith.</p> <p>However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identity of a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.</p> <p>Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms.</p> <p>The meet organisers are committed to ensuring that all children who participate in this meet are able to take part in an enjoyable, safe environment and be safeguarded from harm. If there are any child safeguarding concerns at the event, please contact the Events Convenor immediately to disclose your concerns.</p> <p>Please scan the QR code to read the Scottish Swimming wellbeing statement.</p> <div data-bbox="316 1473 480 1641" style="text-align: center;"> </div> <p>Throughout these EDAG Championship events the East District may have authorised personnel taking static photographs and video footage. These images are intended solely for the purpose of future promotion of the event and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites. Should any athlete wish not to be photographed please complete a form, available from the meet organiser. If at any time an athlete wishes an image to be removed from our website, 7 days' notice must be given to <a href="mailto:sasaeastdistrictswimming@gmail.com">sasaeastdistrictswimming@gmail.com</a> after which the image will be removed.</p>
<b>Competition Disclaimer</b>	<p>No guarantee can be given by SASA East District that the meets will take place at a particular time, on a particular date or at a particular venue. SASA East District reserves the right to</p>



	<p>cancel the meet without notice and without liability for doing so if required. The competition may not be rescheduled if it is unable to take place on the scheduled dates.</p> <p>In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of SASA East District. SASA East District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.</p>										
<p><b>Entry Process</b></p>	<p>Entries will be by computer files only, which will be downloadable from <a href="http://www.swimscotland.co.uk">www.swimscotland.co.uk</a></p> <ul style="list-style-type: none"> <li>• Entries should be sent by email to: <a href="mailto:sasaeastdistrictentries@gmail.com">sasaeastdistrictentries@gmail.com</a></li> <li>• The subject line <b>MUST be Club Code/EDAG &amp; Round Number</b></li> <li>• Please ensure that you request a read receipt if you wish confirmation of entries being received.</li> </ul> <p><b>Please complete the Electronic Summary Sheet by 12 noon as below:</b></p> <p>14<sup>th</sup> &amp; 15<sup>th</sup> November 2026: <b>Noon Wednesday 28<sup>th</sup> October 2026</b>  30<sup>th</sup> &amp; 31<sup>st</sup> January 2027: <b>Noon Wednesday 6<sup>th</sup> January 2027</b>  6<sup>th</sup> &amp; 7<sup>th</sup> March 2027: <b>Noon Wednesday 10<sup>th</sup> February 2027</b></p> <ul style="list-style-type: none"> <li>• Link to Hy-Tek website for Team Manager Lite, should you not have a copy of Team Manager  <a href="https://hytek.active.com/downloads.html">https://hytek.active.com/downloads.html</a> Select Team Manager, then <b>Lite</b></li> </ul>										
<p><b>Payment</b></p>	<p>Payment can be made by bank transfer as follows:</p> <table border="0"> <tr> <td>Account name:</td> <td>SASA East District</td> </tr> <tr> <td>Bank</td> <td>Bank of Scotland</td> </tr> <tr> <td>Branch</td> <td>Musselburgh</td> </tr> <tr> <td>Account No</td> <td>06001834</td> </tr> <tr> <td>Sort Code</td> <td>80-17-68</td> </tr> </table> <p>Your reference – please quote: Club Code/EDAG &amp; Round Number</p>	Account name:	SASA East District	Bank	Bank of Scotland	Branch	Musselburgh	Account No	06001834	Sort Code	80-17-68
Account name:	SASA East District										
Bank	Bank of Scotland										
Branch	Musselburgh										
Account No	06001834										
Sort Code	80-17-68										
<p><b>Draft Programmes</b></p>	<ul style="list-style-type: none"> <li>• Any queries with regards to entries should be directed to <a href="mailto:sasaeastdistrictentries@gmail.com">sasaeastdistrictentries@gmail.com</a>.</li> <li>• Any withdrawals or amendments should be notified on the electronic withdrawal form as below.</li> </ul> <p>14<sup>th</sup> &amp; 15<sup>th</sup> November 2026: <b>prior to 12 noon Wednesday 11<sup>th</sup> November 2026</b>  30<sup>th</sup> &amp; 31<sup>st</sup> January 2027: <b>prior to 12 noon Wednesday 27<sup>th</sup> January 2027</b>  6<sup>th</sup> &amp; 7<sup>th</sup> March 2027: <b>prior to 12 noon Wednesday 3<sup>rd</sup> March 2027</b></p> <ul style="list-style-type: none"> <li>• Start sheets will be issued via broadcast after 12 noon on the dates below:  14<sup>th</sup> &amp; 15<sup>th</sup> November 2026: <b>Noon Friday 13<sup>th</sup> November 2026</b>  30<sup>th</sup> &amp; 31<sup>st</sup> January 2027: <b>Noon Friday 29<sup>th</sup> January 2027</b>  6<sup>th</sup> &amp; 7<sup>th</sup> March 2027: <b>Noon Friday 5<sup>th</sup> March 2027</b></li> </ul>										



	<ul style="list-style-type: none"> <li>Any further withdrawals should be notified via email as soon as identified. This will enable East District to identify opportunities for additional swims for athletes.</li> </ul>
<p><b>Team and Individual Awards</b></p>	<p>The top three finishers in each individual and relay events will receive medals. These will be available for collection once results are published. Medals will not be presented.</p> <p><b>The Solripe Trophy</b> will be awarded to the club with the highest number of points in the East District Age Group Championships. The Solripe Trophy points will be awarded for individual and 'A' team relay events only as follows:</p> <p>1<sup>st</sup>      5 points  2<sup>nd</sup>      3 points  3<sup>rd</sup>      1 point.</p> <p>See Section B.1.g-1-g in the East District handbook for more information.</p> <p><b>Telfer Cup.</b> Clubs competing in the mixed relays at the EDAG Championships will automatically compete for the Telfer Cup (awarded to the club gaining the highest number of points from these mixed relay events, that is 200m freestyle and 200m medley; for the 4 composite year groups during the championships). Only 'A' teams score points, with points awarded in each mixed relay event from 8 points for first place, 7 points for second place, down to zero points. A disqualified team earns zero points. Clubs do not have to enter each mixed relay event to be eligible to compete for the Telfer Cup. The Telfer Cup will be presented at the March round at the Royal Commonwealth Pool.</p> <p><b>Top age group male &amp; open and top female athletes.</b> An award will be made to the male &amp; open and female athlete in each year group. Points will be awarded for individual events as follows:</p> <p>1<sup>st</sup>      8 points  2<sup>nd</sup>      7 points  3<sup>rd</sup>      6 points  4<sup>th</sup> – 8<sup>th</sup> 5 points down to 1 point</p> <p><b>Andrew Taylor Award</b>  The Andrew Taylor trophy will be awarded to the male &amp; open athlete and female athlete in Group 1 (born in 2014 or 2015) who achieves the highest World Aquatics points for an individual swim (across all events in the EDAGs programme).</p> <p><b>The Bob Greenlees Trophy</b></p> <ul style="list-style-type: none"> <li>The Bob Greenlees Trophy will be awarded to the coach(s) of the winners of the Andrew Taylor Trophy.</li> </ul>
<p><b>Event Regulations</b></p>	<p>Entry and Entries to all events is expressly subject to World Aquatics Rules and the SASA regulations in place at the time of the meet.</p> <p><b>SASA East District reserves absolutely the right to eject from events any person failing to comply with each and all the Event Regulations. It is the club's responsibility to ensure all attendees are aware of any special requirements as documented in the club information pack for each weekend.</b></p>



<p><b>Accreditation Passes</b></p>	<p>There will be no accreditation passes provided; athletes will be checked in on the relevant day.</p> <p>All Coaches and Team Staff <b>must</b> hold the relevant qualification/certification for their role and have a valid PVG, CWPS and an annual (<b>2026 – RD1, 2027 – RD2 &amp; RD3</b>) Scottish Swimming District or National Pass for the club they are representing at the meet. <b>Clubs should ensure they apply for the relevant pass in sufficient time as no temporary passes will be issued and access will be refused where no pass is provided.</b></p> <p>To ensure we are complying with safeguarding procedures, <b>all</b> Coaches and Team Staff <b>MUST</b> enter <b>via the front door</b> and have their passes verified by East District Event staff before proceeding to poolside. No entry to poolside will be allowed without a valid pass. Timings for access to poolside will be advised in the Club information pack issued in advance of the event.</p> <p><b>Passes must be worn and clearly visible at all times as we will be carrying out poolside checks. Anyone not displaying and wearing an annual (2026 – RD1, 2027 – RD2 &amp; RD3) Scottish Swimming District or National Pass will be asked to leave the poolside or athlete area immediately. Should anyone be found not complying with our rule more than twice will be removed from poolside and/or the athlete area immediately and not be given access for the remainder of the meet. Repeat offenders may find themselves suspended from any future East District meet/s and will only be re-instated at the discretion of the East District Executive and Swimming Convenor.</b></p> <p>The numbers of qualified coach and team staff allowed in the athlete areas / on poolside with each club will be restricted to a maximum of two persons for up to the first 10 athletes per session, thereafter a ratio of 1:10 should be applied.</p> <p><b>A WhatsApp broadcast</b> will be used for start sheets and coach information in the run up to and during the event. Access to the event broadcast will be issued to entry secretaries and <b>confirmed coaches/team staff only</b>. The broadcast code will be issued in the club information pack to entry secretaries and <b>MUST</b> be removed if sharing wider within the club.</p> <p>Entry secretaries and <b>confirmed</b> coaches / team staff <b>MUST</b> subscribe to the broadcast for the specific event weekend by the deadlines below – <b>late subscriptions</b> may be accepted but <b>WILL NOT</b> receive already issued information.</p> <p style="text-align: center;">14th &amp; 15<sup>th</sup> November 2026: <b>18:00 Thursday 12<sup>th</sup> November 2026</b>  30<sup>th</sup> &amp; 31<sup>st</sup> January 2027: <b>18:00 Thursday 28<sup>th</sup> January 2027</b>  6<sup>th</sup> &amp; 7<sup>th</sup> March 2027: <b>18:00 Thursday 4<sup>th</sup> March 2027</b></p> <p><b>Please note</b>, subscription to the event broadcast ends on the last day of the specific event weekend.</p>
<p><b>Swimwear</b></p>	<p>Aquatics GB and Scottish Swimming advise that World Aquatics Regulations 7.1 only applies to Olympic Games and World Aquatics events. A suit check will only be made if a World or European record is claimed. There is no requirement for officials to check that costumes are on the approved World Aquatics list. WA Regulations 7.2 cover our requirement for design and material.</p>



	<ul style="list-style-type: none"> <li>• SW8.0 Scottish Swimming Rules</li> <li>• SW8.8 Swimwear Policies</li> </ul> <p>SW8.8.1. For events held under the direct jurisdiction and control of Scottish Swimming the Scottish Swimming “Swimwear Policies” shall also apply. The policies are included in full in the appendices of Scottish Swimming Regulations. These can be found <a href="#">here</a>.</p> <p><b>For all rounds at this meet only the policy on Agreed Swimwear is relevant.</b></p>
<p><b>Transgender &amp; Non-Binary Competition</b></p>	<p>The Scottish Swimming Transgender &amp; Non-Binary Competition Policy was implemented on 1st January 2024. The policy and FAQs can be found <a href="#">HERE</a>. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.</p>
<p><b>Safeguarding</b></p>	<p>The primary safeguarding point of contact for the event in relation to wellbeing &amp; protection matters or accidents is the Meet Organiser. The secondary point of contact is the Scottish Swimming Head of Safe Sport.</p>



## Appendix 1 - Schedule of Events

<b>Distance Weekend – MWC, Glenrothes</b>		<b>14<sup>th</sup> &amp; 15<sup>th</sup> November 2026</b>	
	Sat 14 <sup>th</sup> November	Sun 15 <sup>th</sup> November	
	All Groups		
<b>Morning Warm Up: 9.00am (tbc)</b>	Male & Open 400m Free HDW Female 1500m Free HDW	Female 400m Free HDW Male & Open 1500m Free HDW	
	All Groups		
<b>Afternoon Warm Up: 1.30pm (tbc)</b>	Female 400m Individual Medley HDW Male & Open 800m Free HDW	Male & Open 400m Individual Medley HDW Female & Open 800m Free HDW	
<b>200m &amp; Sprint Events – Royal Commonwealth Pool</b>		<b>30<sup>th</sup> &amp; 31<sup>st</sup> January 2027</b>	
	Sat 30 <sup>th</sup> January	Sun 31 <sup>st</sup> January	
	All Groups		
<b>Morning Warm Up: 9.00am (tbc)</b>	Male & Open 50m Fly Female 50m Free  Male & Open 200m Back HDW Female 200m Breast HDW	Female 50m Back Male & Open 50m Breast  Female 200m Fly HDW Male & Open 200m Free HDW	
	All Groups		
<b>Afternoon Warm Up: 1.30 pm (tbc)</b>	Male & Open 50m Back Female 50m Breast  Male & Open 200m Fly HDW Female 200m Free HDW	Female 50m Fly Male & Open 50m Free  Female 200m Back HDW Male & Open 200m Breast HDW	
<b>Evening Warm Up: 4.15pm (tbc)</b>	Relays 4 x 50m Free Relay Male & Open HDW born 2015 & 2016 born 2013 & 2014 4 x 50m Medley Relay Female HDW born 2015 & 2016 born 2013 & 2014  Finals Groups 1-6 Male & Open 50m Fly Female 50m Free Male & Open 50m Back Female 50m Breast  Relays 4 x 50m Free Relay Male & Open HDW born 2012 & 2011 born 2010 or earlier 4 x 50m Medley Relay Female HDW born 2012 & 2011 born 2010 or earlier	Relays 4 x 50m Free Relay Female HDW born 2015 & 2016 born 2013 & 2014 4 x 50m Medley Relay Male & Open HDW born 2015 & 2016 born 2013 & 2014  Finals Groups 1-6 Female 50m Back Male & Open 50m Breast Female 50m Fly Male & Open 50m Free  Relays 4 x 50m Free Relay Female HDW born 2012 & 2011 born 2010 or earlier 4 x 50m Medley Relay Male & Open HDW born 2012 & 2011 born 2010 or earlier	
<b>100m &amp; 200 IM Events – Royal Commonwealth Pool</b>		<b>6<sup>th</sup> &amp; 7<sup>th</sup> March 2027</b>	
	Sat 6 <sup>th</sup> March	Sun 7 <sup>th</sup> March	
	Groups 4, 5, 6		
<b>Morning Warm Up: 9.00am (tbc)</b>	Heats Groups 4, 5, 6 Female 100m Fly Male & Open 100m Free Female 100m Back Male & Open 100m Breast	Heats Groups 4, 5, 6 Male & Open 100m Fly Female 100m Free Male & Open 100m Back Female 100m Breast	



	Female 200m IM HDW Groups 4, 5, 6	Male & Open 200m IM HDW Groups 4, 5, 6
	<b>Groups 1, 2 &amp; 3</b>	
<b>Afternoon Warm Up: 1.30pm (tbc)</b>	<b>Heats Groups 1, 2, 3</b> Female 100m Breast Male & Open 100m Back Female 100m Free Male & Open 100m Fly  Female 200m Individual Medley HDW Groups 1, 2, 3	<b>Heats Groups 1, 2, 3</b> Male & Open 100m Breast Female 100m Back Male & Open 100m Free Female 100m Fly  Male & Open 200m Individual Medley HDW Groups 1, 2, 3
<b>Evening Warm Up: 4.15pm (tbc)</b>	<b>4 x 50m Mixed Medley Relay HDW</b> Female / Male & Open born 2014 & 2015 Female / Male & Open born 2012 & 2013  <b>Finals</b> Female 100m Fly Male and Open 100m Free Female 100m Back Male & Open 100m Breast Female 100m Breast Male & Open 100 Back Female 100 Free Male & Open 100 Fly  <b>Relays</b> 4 x 50m Mixed Medley Relay HDW Female / Male & Open born 2010 & 2011 Female / Male & Open born 2009 or earlier	<b>4 x 50m Mixed Free Relay HDW</b> Female / Male & Open born 2014 & 2015 Female / Male & Open born 2012 & 2013  <b>Finals</b> Male & Open 100m Fly Female 100m Free Male & Open 100m Back Female 100m Breast Male & Open 100m Breast Female 100m Back Male & Open 100m Free Female 100m Fly  <b>Relays</b> 4 x 50m Mixed Free Relay HDW Female / Male & Open born 2010 & 2011 Female / Male & Open born 2009 or earlier



## Appendix 2 – Qualification and Consideration times

### QUALIFYING TIMES

#### EAST DISTRICT AGE GROUP CHAMPIONSHIPS 2026/2027

Year of birth	2016 & 2015	2014	2013	2012	2011	2010 or earlier
<b>MALE &amp; OPEN</b>	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>	<b>Group 5</b>	<b>Group 6</b>
50m Freestyle	00:37.50	00:34.00	00:32.00	00:30.20	00:28.50	00:26.00
100m Freestyle	01:26.00	01:15.00	01:11.00	01:06.50	01:03.50	00:58.50
200m Freestyle	02:58.00	02:41.50	02:31.00	02:21.50	02:12.50	02:08.50
400m Freestyle	06:10.00	05:45.00	05:15.00	04:55.00	04:45.00	04:30.00
800m Freestyle	NA	11:25.00	10:50.00	10:20.00	09:40.00	09:20.00
1500 Freestyle	NA	21:00.00	20:30.00	19:40.00	18:50.00	18:00.00
50m Backstroke	00:44.50	00:39.80	00:36.70	00:36.00	00:34.00	00:32.00
100m Backstroke	01:38.00	01:29.00	01:23.00	01:17.00	01:13.00	01:10.00
200m Backstroke	03:15.00	03:03.00	02:55.50	02:46.00	02:39.00	02:28.50
50m Butterfly	00:46.00	00:41.50	00:36.00	00:34.30	00:32.70	00:28.80
100m Butterfly	01:45.50	01:31.50	01:25.50	01:18.50	01:14.50	01:06.00
200m Butterfly	03:25.00	03:20.00	03:06.50	02:58.00	02:48.00	02:32.50
50m Breaststroke	00:51.00	00:46.50	00:42.30	00:40.00	00:38.00	00:34.50
100m Breaststroke	01:52.00	01:42.00	01:33.00	01:28.00	01:23.00	01:19.00
200m Breaststroke	03:44.00	03:33.00	03:15.00	03:05.00	03:00.00	02:49.00
200m IM	03:30.00	03:11.00	03:00.00	02:52.00	02:40.00	02:30.00
400m IM	06:40.00	06:25.00	06:05.00	05:45.00	05:35.00	05:10.00
Year of birth	2016 & 2015	2014	2013	2012	2011	2010 or earlier
<b>FEMALE</b>	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>	<b>Group 5</b>	<b>Group 6</b>
50m Freestyle	00:35.50	00:33.20	00:32.00	00:31.00	00:30.50	00:29.70
100m Freestyle	01:19.50	01:14.00	01:10.00	01:08.50	01:07.50	01:05.50
200m Freestyle	02:50.00	02:40.00	02:30.00	02:25.00	02:22.00	02:18.50
400m Freestyle	05:58.00	05:30.00	05:15.00	05:05.00	05:00.00	04:55.00
800m Freestyle	NA	11:00.00	10:30.00	10:10.00	10:02.00	09:53.00
1500m Freestyle	NA	21:30.00	20:40.00	20:10.00	19:40.00	18:50.00
50m Backstroke	00:41.50	00:38.50	00:36.60	00:35.60	00:35.40	00:33.50
100m Backstroke	01:31.00	01:26.00	01:21.00	01:20.00	01:18.00	01:15.50
200m Backstroke	03:05.00	02:59.00	02:53.00	02:43.00	02:40.50	02:37.50
50m Butterfly	00:42.00	00:37.50	00:35.50	00:34.60	00:33.60	00:32.00
100m Butterfly	01:47.00	01:34.00	01:25.00	01:22.50	01:19.50	01:15.00
200m Butterfly	03:45.00	03:25.00	03:10.00	03:04.00	02:55.00	02:44.00
50m Breaststroke	00:49.00	00:44.70	00:41.80	00:40.20	00:39.50	00:38.60
100m Breaststroke	01:48.00	01:39.00	01:35.00	01:30.50	01:28.50	01:23.50
200m Breaststroke	03:35.00	03:17.00	03:10.00	03:07.50	03:03.00	03:00.00
200m IM	03:10.00	03:08.00	03:02.00	02:53.00	02:48.00	02:41.00
400m IM	06:20.00	06:10.00	06:04.00	05:54.00	05:48.00	05:32.00

**NB. 400m, 800m and 1500m times are SC, all others are LC**



## CONSIDERATION TIMES

### EAST DISTRICT AGE GROUP CHAMPIONSHIPS 2026/2027

Year of birth	2016 & 2015	2014	2013	2012	2011	2010 or earlier
<b>MALE &amp; OPEN</b>	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>	<b>Group 5</b>	<b>Group 6</b>
50m Freestyle	00:40.30	00:36.80	00:34.20	00:31.80	00:30.80	00:27.90
100m Freestyle	01:31.00	01:20.00	01:14.00	01:10.00	01:06.00	01:01.00
200m Freestyle	03:07.00	02:45.20	02:34.50	02:25.60	02:17.60	02:13.00
400m Freestyle	06:20.00	06:00.00	05:50.00	05:40.00	05:25.00	05:10.00
800m Freestyle	NA	11:40.00	11:00.00	10:35.00	10:20.00	10:00.00
1500 Freestyle	NA	21:30.00	21:00.00	20:30.00	19:50.00	18:50.00
50m Backstroke	00:47.00	00:42.60	00:39.30	00:38.50	00:37.00	00:36.00
100m Backstroke	01:43.00	01:34.00	01:27.00	01:19.00	01:16.00	01:13.00
200m Backstroke	03:16.80	03:07.00	03:02.00	02:50.50	02:42.20	02:32.20
50m Butterfly	00:50.60	00:44.00	00:39.00	00:38.00	00:36.10	00:32.50
100m Butterfly	01:51.00	01:33.00	01:27.00	01:21.00	01:17.00	01:09.00
200m Butterfly	03:31.80	03:21.80	03:09.30	03:04.80	02:50.00	02:34.20
50m Breaststroke	00:54.20	00:50.70	00:45.80	00:44.80	00:43.20	00:38.20
100m Breaststroke	01:56.00	01:45.00	01:36.00	01:31.00	01:26.00	01:22.00
200m Breaststroke	03:46.60	03:35.70	03:17.80	03:08.00	03:03.00	02:53.20
200m IM	03:36.00	03:15.00	03:06.00	02:54.00	02:46.00	02:33.00
400m IM	07:00.00	06:35.00	06:15.00	06:00.00	05:45.00	05:30.00
Year of birth	2016 & 2015	2014	2013	2012	2011	2010 or earlier
<b>FEMALE</b>	<b>Group 1</b>	<b>Group 2</b>	<b>Group 3</b>	<b>Group 4</b>	<b>Group 5</b>	<b>Group 6</b>
50m Freestyle	00:36.20	00:34.80	00:33.20	00:32.70	00:32.30	00:31.30
100m Freestyle	01:21.00	01:17.00	01:12.00	01:11.50	01:10.50	01:08.00
200m Freestyle	02:52.20	02:42.30	02:34.40	02:30.40	02:25.50	02:22.60
400m Freestyle	06:20.00	06:10.00	06:00.00	05:50.00	05:40.00	05:30.00
800m Freestyle	NA	11:20.00	11:10.00	11:00.00	10:50.00	10:30.00
1500m Freestyle	NA	21:50.00	21:00.00	20:45.00	20:20.00	20:00.00
50m Backstroke	00:43.00	00:41.00	00:39.00	00:38.20	00:37.80	00:36.70
100m Backstroke	01:33.00	01:30.00	01:26.00	01:23.00	01:22.00	01:20.00
200m Backstroke	03:06.90	03:03.00	02:57.00	02:47.20	02:45.20	02:42.20
50m Butterfly	00:43.50	00:41.60	00:37.60	00:36.60	00:36.60	00:34.70
100m Butterfly	01:49.00	01:35.00	01:28.00	01:25.00	01:24.00	01:19.00
200m Butterfly	03:46.50	03:26.60	03:15.70	03:07.80	02:57.90	02:46.00
50m Breaststroke	00:49.80	00:47.80	00:44.80	00:43.90	00:43.80	00:41.80
100m Breaststroke	01:49.00	01:40.00	01:36.00	01:33.00	01:31.00	01:27.00
200m Breaststroke	03:37.50	03:19.80	03:12.90	03:11.00	03:06.00	03:04.50
200m IM	03:11.00	03:09.00	03:03.00	02:58.00	02:55.00	02:46.00
400m IM	06:30.00	06:20.00	06:10.00	06:00.00	05:55.00	05:50.00

**NB. 400m, 800m and 1500m times are SC, all others are LC**



### Appendix 3 – Multi Classification Consideration times

#### MC CONSIDERATION TIMES

50m Free	Females	Male & Open	100m Free	Females	Male & Open	200m Free	Females	Male & Open	400m Free	Females	Male & Open
S1	01:27.26	01:48.46	S1	03:07.82	03:50.91	S1	06:46.33	07:54.83	S6	08:37.77	08:17.11
S2	01:31.70	01:26.11	S2	03:18.07	03:01.27	S2	07:58.48	06:46.40	S7	08:20.28	07:48.45
S3	01:08.54	01:15.92	S3	02:28.95	02:37.57	S3	05:32.32	05:39.03	S8	08:01.80	07:30.77
S4	01:02.76	01:01.62	S4	02:14.78	02:14.20	S4	04:51.60	04:40.23	S9	07:50.36	07:06.33
S5	00:57.87	00:50.63	S5	02:14.78	01:53.93	S5	04:44.09	04:09.49	S10	07:28.94	06:44.11
S6	00:55.33	00:48.57	S6	02:00.46	01:47.07	S14	03:30.31	03:11.08	S11	08:20.63	07:36.40
S7	00:53.79	00:46.55	S7	01:57.66	01:42.15				S12	07:25.98	06:58.11
S8	00:50.85	00:43.04	S8	01:48.22	01:38.07				S13	07:28.66	06:44.91
S9	00:46.44	00:40.73	S9	01:42.34	01:28.79				S14	07:34.04	06:57.30
S10	00:46.61	00:39.46	S10	01:38.84	01:26.09						
S11	00:49.64	00:44.01	S11	01:51.77	01:35.45						
S12	00:45.31	00:39.08	S12	01:39.98	01:29.57						
S13	00:45.15	00:39.46	S13	01:37.48	01:26.11						
S14	00:44.64	00:39.25	S14	01:36.19	01:27.18						
50m Back	Females	Male & Open	100m Back	Females	Male & Open	50m Breast	Females	Male & Open	100m Breast	Females	Male & Open
S1	01:53.10	01:46.73	S1	04:07.57	03:45.76	SB1	02:17.87	02:13.31	SB4	02:57.50	02:36.33
S2	01:40.95	01:30.51	S2	03:46.24	03:16.08	SB2	01:49.36	01:35.06	SB5	02:51.00	02:24.72
S3	01:27.28	01:16.09	S6	02:15.27	02:03.62	SB3	01:33.92	01:19.03	SB6	02:35.28	02:12.87
S4	01:21.57	01:09.68	S7	02:15.10	01:55.84				SB7	02:35.45	01:59.54
S5	01:03.07	00:53.41	S8	02:02.59	01:46.33				SB8	02:15.88	01:54.31
			S9	01:56.86	01:41.52				SB9	02:00.68	01:51.09
			S10	01:53.39	01:37.22				SB11	02:15.63	01:59.53
			S11	02:04.88	01:52.22				SB12	02:04.32	01:48.92
			S12	01:56.35	01:42.02				SB13	02:05.97	01:47.05
			S13	01:49.89	01:35.81				SB14	02:02.43	01:46.67
			S14	01:51.86	01:36.70						
50m FLY	Females	Male & Open	100m FLY	Females	Male & Open	200m IM	Females	Male & Open			
S1	01:26.92	03:20.84	S8	01:58.78	01:45.45	SM5	05:32.98	04:43.14			
S2	01:39.06	01:30.03	S9	01:53.13	01:39.03	SM6	05:00.36	04:27.80			
S3	01:18.32	01:19.88	S10	01:51.32	01:32.05	SM7	04:56.22	04:11.92			
S4	01:08.37	01:08.82	S11	02:07.79	01:43.12	SM8	04:34.53	03:58.97			
S5	01:05.91	00:52.05	S12	01:47.29	01:36.56	SM9	04:19.64	03:44.50			
S6	00:58.73	00:51.87	S13	01:46.44	01:31.46	SM10	04:06.24	03:33.66			
S7	00:56.08	00:49.16	S14	01:47.66	01:32.11	SM11	04:29.33	03:54.87			
						SM12	04:05.75	03:42.48			
						SM13	04:00.45	03:28.59			
						SM14	03:59.68	03:36.75			